

City of Mishawaka's Free Classes for Children and Families

Baton Twirling I

Session Dates	Time	Location
Thursday April 11 - May 16	5:00-6:00 pm	Gym
Thursday May 23 - June 27	5:00-6:00 pm	Gym
Thursday July 11 - August 15	5:00-6:00 pm	Gym

Children ages 5-7 may attend this class. Ongoing classes will provide the opportunities to perform in parades and events. Batons can be purchased from the instructor.

Baton Twirling II

Session Dates	Time	Location
Thursday April 11 - May 16	6:00-7:30 pm	Gym
Thursday May 23 - June 27	6:00-7:30 pm	Gym
Thursday July 11 - August 15	6:00-7:30 pm	Gym

Children ages 8 and up may attend this class. Baton twirling fundamentals are taught at a faster pace. Children will learn routines and prepare for performances with a parade corps. Batons can be purchased from the instructor.

Zumba

Session Dates	Time	Location
Tuesday April 9 - May 28	6:00-6:30 pm	Gym
Tuesday June 11 - July 16	6:00-6:30 pm	Battell Park
Tuesday July 30 - August 27	6:00-6:30 pm	Battell Park

Healthy Living

Session Dates	Time	Location
Tuesday April 9 - May 28	6:30-7:00 pm	Contractor's Room

Each class will teach children a lesson on how to make healthy choices every day! A healthy snack will be provided.

Most classes are held at Battell Community Center, 904 N. Main St. Each participant will need to fill out a Participant Waiver form once every two years. No need to RSVP. For more information call the Mishawaka Parks Department at 574-258-1664.

Tai Chi for Kidz

Session Dates	Time	Location
Thursday April 11 - May 16	6:30-7:15 am	Centennial Room
Thursday June 20 - July 25	9:45-10:45 am	Castle Manor

A fun, dynamic approach to learn basic martial arts & self defense! Please have children wear flat bottomed shoes or children can go barefoot, and loose fitting athletic pants.

Show and Parade Poms

Session Dates	Time	Location
Tuesday April 9 - May 14	4:30-5:30 pm	Dance Room I
Tuesday May 21 - June 25	4:30-5:30 pm	Dance Room I
Tuesday July 2 - August 6	4:30-5:30 pm	Dance Room I

Students will learn routines for dance and parades, all ages are welcome to join this ongoing class. Bring a friend and your own poms or poms can be borrowed or purchased from the instructor.

Self-Defense for Beginners

Session Dates	Time	Location
Monday April 8 - May 13 (4-7 year olds)	3:30-4:15 pm	Gym
Monday April 8 - May 13 (8 & up)	4:15-5:00 pm	Gym

A fun, dynamic approach to learn basic martial arts & self defense! Please have children wear flat bottomed shoes or children can go barefoot, and loose fitting athletic pants.